

Shape of the Day:

Time		Activity
Arrival		
Recess		
Lunch		
Good-bye		

Note: there will be preps, library, gym, computers, assemblies etc to consider. These require 45 minute blocks. However, you may wish to consider having 2 classes share one gym block so that it will be 2 short periods but happen more frequently during the week! Please do not attach gym times to before or after recess and/or lunch for K's as this will be too tiring!