

Full Day Kindergarten Sample Day Plan (45 minute lunch)

Time		Activity
8:45	Arrival	drawing, puzzles, table top toys, books
	Free exploration time	Parents are invited to interact with or observe their child
9:00	Opening Morning circle	Morning message, calendar, show and tell, the shape of the day and any special events/ story Children think about and share their plans before moving to small group activities at learning centers
9:15	Centres time (plan-do-review)	Provide opportunities for children to learn through play
10:05	Tidy-up time	wash hands / snack time
10:15	Recess	Outside
10:30	Read aloud time	Stories/poems or informational books
10:45	Response to reading	Provide opportunities for making connections to read aloud time through open-ended activities. Children can choose a variety of ways to respond. (drawing/ writing/ oral language)
11:20	Tidy-up time	Clean-up & Washroom
11:35	Outdoor time	Outside play time
12:00	Lunch	Wash hands & start to eat
12:20	Quiet time	Books/ soft music/low lights/yoga/drawing to music
12:40	Group time	Story, finger plays & songs followed by mini-lessons & planning for project time
1:00	Exploration Centres	Literacy, Math or Science investigations Learning-based play centres
2:00	Tidy-up time	Washroom & snack / outdoor playtime
2:30	Group reflection	Share the day/ creations/ thinking & learning Hand out notices/ Newsletters
2:45	Good-bye	Goodbye songs

Note: there will be preps, library, gym, computers, assemblies etc to consider. These require 45 minute blocks. However, you may wish to consider having 2 classes share 1 block so that gym will be 2 short periods but will happen more frequently during the week! Please do not attach gym times to before or after recess and/or lunch for K's as this will be too tiring!