

Full Day Kindergarten Guide Example Day Plan #1

Time		Activity
8:55	Arrival	drawing, puzzles, table top toys, books
9:00	Shared book time	Parents may stay if they wish to read with their child
9:15	Morning circle	Hello song, calendar, morning message, show and tell, singing, finger plays or teacher reads big books or story or poetry, the shape of the day and planning. Children think about and share their plans before moving to small group or individual activities at learning centres.
9:30	Centre time	Opportunities for children to learn through play
10:15	Tidy-up time	Review what they did and learned in relation to their plan/ washroom break, snack time
10:30	Recess	Outdoor or indoor physical activity
10:45	Quiet time	Quiet book time
10:55	Circle time	Story/Discussion songs/puppets/ class big books/mini-lessons focussed on based on current study/inquiry/project or topics of study
11:25	Lunch	getting ready for lunch & starting to eat inside
12:00	Outside play	K's go outside to play
12:25	Transition	Washrooms etc
12:30	Quiet time	Drawing time with music (helps children "wind down" after lunchtime play)
12:50	Group time	Singing or sharing drawing journals, or a big book
1:00	Math stations	Learning-based play centres or tubs where children develop math skills
1:40	Outdoor activity	Washroom break / snack time & outdoor play
2:00	Centres time	Hands-on science/arts education/literacy activities connected to morning activities
2:45	Tidy-up time	Group reflection - share the day/ creations/thinking
2:55 - 3:00	Good-bye	Goodbye songs/ notices/ Newsletters

